

Maj Phaelen French

Modern Pentathlon



Hometown:	Delta, Colorado
High School:	Delta High School
College:	Air Force Academy - Undergraduate American Military University - Graduate
Joined Air Force:	June 2008
AFSC:	14N3, Intelligence
Event:	Modern Pentathlon

Major Phaelen French began competing in diverse sporting events at an early age. She competed in equestrian events and earned numerous county and Colorado state titles, while also obtaining advanced 4-H equestrian qualifications in Western, English, and jumping disciplines. She also competed in the 4-H County Air Pistol Championships, earning second in 2007. Her success in multi-event competition grew, when she won the Colorado State Junior Championships in Track and Field Heptathlon the same year. She went on to qualify for an outstanding four consecutive seasons' Mountain West Conference Championships in Combined Events and Cross Country for the United States Air Force Academy. Since college, she developed as a multi-sport athlete as a member of the Air Force Triathlon team. With her family's encouragement, French began dedicated training for Modern Pentathlon in 2018. Since then she steadily climbed USA rankings and began to compete internationally in 2021. Her aspirations include sustaining top a national ranking, enhancing her world ranking and earning a spot on the 2024 USA Olympic team.

"It is an honor to serve my country as an Airman while representing the United States as an athlete. As a member of the World Class Athlete Program I look forward to applying my military training on strategy and performance optimization to full time preparation for the 2024 Olympics. In this way I hope to inspire others to commit to a growth mindset perspective on learning and to live by Air Force Core Values."

CAREER HIGHLIGHTS

2022: Selected for World Cup Final 2022

2022: #48/53 World Cup One, #39/49 World Cup Two, #41/58 World Cup Four

2022: Bronze, Swiss Open Modern Pentathlon

2021: USA Modern Pentathlon World Cup Qualifier, 5th

2020: USA Modern Pentathlon World Cup Qualifier, 7th