DEPARTMENT OF THE AIR FORCE

Air Force Services Center

JOINT BASE SAN ANTONIO LACKLAND TEXAS



MEMORANDUM FOR RECORD

SUBJECT: Air Force WCAP 2020 Individual Athletic Benchmark Data Sheet

1. PURPOSE: The below benchmarks will be used to evaluate performance for the training period 1 January through 31 December 2019. Failure to meet or exceed the below benchmarks could lead to release from the World Class Athlete Program.

2. Personal Data.

Athlete: Sport:

Olympic/National Team Standard (w/date if applicable): Meets: Y / N

Personal Record: Date:

3. Training Period: 1 January – 31 December 2019 Result

A. Met/completed all WCAP administrative requirements \_\_\_\_\_\_

B. Utilized WCAP/NGB Medical, Strength/Conditioning, and Dietitian Services \_\_\_\_\_\_

C. Medalist/Finalist at XXXX event \_\_\_\_\_\_

D. Achieved XXXXX Time at event \_\_\_\_\_\_

E. Earned XXXX position on team, started XXX % games during season \_\_\_\_\_\_

F. Maintained XXXX stats through XXX games/events/season \_\_\_\_\_\_

G. Selected for XXXX follow-on training/camp/event \_\_\_\_\_\_

H. Performed XXXX at National Championships \_\_\_\_\_\_

I. Performed XXXX at International Event \_\_\_\_\_\_

J. Performed XXXX at World Event \_\_\_\_\_\_

K. Selected for/maintained starting position on XXXX (A or B) National Team \_\_\_\_\_\_

4. Additional Notes: XXXXXXXXXXXX Is the process for my sport to select members to the Olympic team and I need to do XXXX to get on the team.

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Athlete Signature Date

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Coach Signature Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sports Program Signature Date

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Branch/Division Chief Date